<table>
<thead>
<tr>
<th>Topic</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Meeting Format</td>
<td>3</td>
</tr>
<tr>
<td><strong>Student Activities</strong></td>
<td></td>
</tr>
<tr>
<td>• Exploring Career Choices</td>
<td>4</td>
</tr>
<tr>
<td>• Virtual Student Corner</td>
<td>5</td>
</tr>
<tr>
<td>• Student Seminar</td>
<td>6</td>
</tr>
<tr>
<td>• Massive Team Trivia Student Mixer</td>
<td>7</td>
</tr>
<tr>
<td>Presentation Guidelines Overview</td>
<td>8</td>
</tr>
<tr>
<td>• Platform Presentations</td>
<td>9</td>
</tr>
<tr>
<td>• Poster Presentations</td>
<td>10</td>
</tr>
<tr>
<td>Making the Most out of a Virtual Meeting</td>
<td>11</td>
</tr>
<tr>
<td>Get Involved with SETAC and NASAC</td>
<td>13</td>
</tr>
</tbody>
</table>
### Meeting Format

**On-Demand Sessions**
- More than 1,400 scientific presentations will be made on-demand in the SciCon\textsubscript{4} virtual space
- **Bookmark presentations** of interest and **plan out your schedule** on the meeting platform
- **Engage** with presenters through the **Q&A chat function** on the platform

*Presentations will be made on-demand on Monday, 8 November 2021.*

**Live Plenary Sessions**
- View thought-provoking and informative live plenary sessions
- Recordings made available within 24 hours after session

**Live Sessions**
- Join & engage in a **live conversation** about a scientific topic
- It is highly recommended to **view the on-demand presentation prior to joining the live session** to get the most out of the discussion
- Recordings made available within 24 hours after session

**Student Activities**
- Student activities aim to **increase student engagement** and aid with their **professional development**
- Activities include the Exploring Career Choices meeting, Virtual Student Corner, Student Seminar featuring a guest speaker, and the Massive Team Trivia Student Mixer

**SETAC Side Events**
- Check out these **side events** for more opportunities to connect with SETAC members

---

**Please Note:** Live Plenary Sessions, Live Sessions, and Student Activities will be hosted on [Zoom](https://zoom.com).

More Details on Meeting Format: [Visit Meeting Website](https://meetingwebsite.com)
Exploring Career Choices

Which road will you take?

ACADEMIA

INDUSTRY

GOVERNMENT

Find out at the Exploring Career Choices Event!

Talk to professionals from these three main sectors of employment within SETAC.

Event is currently full. Be sure to register next year!

Full Student Activities Schedule: Visit Meeting Website
Virtual Student Corner

Virtual Student Corner

Exploring Career Choices
Wednesday
10 Nov
17:00 – 19:00 PST

Virtual Student Corner
Sunday
14 Nov
15:00 – 17:00 PST

Student Seminar
Wednesday
17 Nov
11:30 – 13:00 PST

Massive Team Trivia Student Mixer
Wednesday
17 Nov
17:00 – 19:00 PST

Come sit with us!

Virtual Student Corner
Get acquainted with other SETAC student members • Ask Questions • Play Jack Box Games

Find information about the event on the student activities page.

Full Student Activities Schedule: Visit Meeting Website
Student Seminar

Exploring Career Choices
Wednesday 10 Nov
17:00 – 19:00 PST

Virtual Student Corner
Sunday 14 Nov
15:00 – 17:00 PST

Student Seminar
Wednesday 17 Nov
11:30 – 13:00 PST

Massive Team Trivia Student Mixer
Wednesday 17 Nov
17:00 – 19:00 PST

Student Seminar Presents...

Thinking Outside the Tank to Protect the Environment and Human Health

Robyn Leigh Tanguay
Distinguished Professor in the Department of Environmental and Molecular Toxicology
Oregon State University

Robyn has pioneered the use of zebrafish as a systems toxicology model. She uses phenotypic anchoring coupled with the inherent molecular and genetic advantages of zebrafish to define the mechanisms by which chemicals, drugs and nanoparticles interact with and adversely affect vertebrate development and function. These tools are also now routinely used to assist in the development of inherently safer chemicals and nanoparticles. Join this event for a talk and Q&A session with Dr. Tanguay.

Check the student activities page for instructions to join. You can also sign up when you register for the meeting or add the event to your existing registration by visiting the SETAC Store.

Thank You to Our Sponsor:

Full Student Activities Schedule: Visit Meeting Website
## Massive Team Trivia Student Mixer

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Exploring Career Choices</td>
<td>Wednesday 10 Nov</td>
<td>17:00 – 19:00 PST</td>
</tr>
<tr>
<td>Virtual Student Corner</td>
<td>Sunday 14 Nov</td>
<td>15:00 – 17:00 PST</td>
</tr>
<tr>
<td>Student Seminar</td>
<td>Wednesday 17 Nov</td>
<td>11:30 – 13:00 PST</td>
</tr>
</tbody>
</table>

**Get Your Game Face on with the Massive Team Trivia Student Mixer!**

**$250 in gift cards given away as prizes!** Join with a team of 5 – 8 or enter as a smaller group or individual to be placed in a team. Check the [student activities page](#) for instructions to join. You can also sign up when you register for the [meeting](#) or add the event to an existing registration by visiting the [SETAC Store](#).

**Show Off Your Knowledge!**

**Win Prizes!**
Presentation Guidelines Overview

All presentations must be uploaded by 5:00 p.m. ET on Monday, 1 November 2021.

On-Demand Program

• All presentations will be made available on-demand ahead of the meeting and for three months afterwards.
• Each presentation will have a textual Q&A chat box tied to it, which will be available throughout the live meeting and accessible for all attendees. Q&A will be viewable for three months following the meeting.
• Each presentation will be linked to a blinded email function (presenters’ email doesn’t show) so participants can email the presenter.

SETAC’s tips for a successful presentation

• Aim for clarity and simplicity.
• Be clear and concise in all statements.
• Use bullets and keep text to a minimum.
• Ensure that lettering and numbering is readable (i.e., not excessively small font).
• Use simple backgrounds so as not to distract from the message.
• Forbes has more helpful tips about presentation production.

• Deploy graphs to convey trends, comparisons and relationships.
• Compress pictures to “on-screen” quality before saving.
• Be sure to view SETAC’s video and poster presentation examples.
• Presenters can use the no recording icon on their slides or poster to discourage content copying.

Full Presentation Guidelines: Visit Meeting Website
All presentations must be uploaded by 5:00 p.m. ET on Monday, 1 November 2021.

Make sure your presentation follows the presentation guidelines!

Platform Presentations

- Video recordings of 12 minutes or less accepted
- Accepted file formats: MP4, AVI, WMV and MOV
- Presentation Production:
  - Use landscape orientation
  - A typical computer screen uses 1920 x 1080 pixels or 16:9 while 4:3 is also acceptable, and both are compatible with the viewer
  - File size limit is 300 MB
- Creating a recording of your presentation, can use:
  - PowerPoint recording tool (check out video tutorial)
  - Skype, Zoom or any other recording technology
- Presentations should include a voice-over or a video insert of presenter speaking
  - Remember: If you place a video of the presenter speaking, be sure to not place content on your presentation in that area
- SETAC recommends that you add transcription or closed captions for your audio to make your presentation much more accessible to a larger audience
- SETAC recommends starting your presentation with a highlight slide that features the title of your presentation, presenter’s name, affiliation and main conclusion
All presentations must be uploaded by 5:00 p.m. ET on Monday, 1 November 2021

Make sure your presentation follows the presentation guidelines!

Poster Presentations

- Poster image/e-poster/PDF of poster with an audio/video recording of 3 min or less accepted
- Presentation Production:
  - Use landscape orientation
  - A typical computer screen uses 1920 x 1080 pixels or 16:9 while 4:3 is also acceptable, and both are compatible with the viewer
- Max file size is 200 MB
  - To keep the file size low, export your files for online viewing instead of print when prompted. Your typical screen resolution is 72 dpi (print is 300 dpi)
- Poster files cannot contain embedded links. Users can upload a handout version with embedded links in PDF format under Supplementary Information when uploading to the Confex platform
- SETAC recommends that you add transcription or closed captions for your audio to make your presentation much more accessible to a larger audience
- TIP: Consider using an innovative format that prominently features the conclusion in its design
- Check out this YouTube video on making poster presentations

Full Presentation Guidelines: Visit Meeting Website
## Making the Most Out of a Virtual Meeting

### Before the Meeting

##### Define goals – *What do you want to gain from this meeting?*

Examples include:
- Increase knowledge about a certain scientific topic
- Enhance professional development
- Learn more about potential careers in your field
- Connecting with other scientists and students

##### Organize session schedule

- Know when live sessions and activities are ([Daily Schedule](#))
- Plan on-demand presentations you wish to attend
- Can bookmark presentations of interest on the virtual platform!

##### Familiarize yourself with the platform

- Learn how to navigate and bookmark presentations
- Familiarize yourself with the Q&A chat function

##### Prepare for Live Sessions

- Download Zoom
- Test audio and video quality
- Download [SETAC’s zoom background](#), or prepare your own

##### Talk to colleagues and advisors prior to conference

- Ask for introductions to other researchers
- Exchange presentation recommendations

##### Update your profile and advertise your presentation on social media

- Let your network know you’re attending
- Show your attendance status with [SETAC’s social media banners](#)

##### Prepare your space

- Minimize distractions
- Have all your tools (coffee & tea included) in front of you
During the Meeting

Stay on top of the Q&A chat
You should receive an email notification when someone leaves a response

Engage in discussions
• Utilize the Q&A chat box
• Participate in Live discussions
• Join the student activities

Take notes
Choose to take notes by hand or directly type them into the computer

Connect with presenters and attendees on social media
Use LinkedIn and Twitter to your advantage!

Take care of yourself
• Follow your normal routine
• Take breaks
• Utilize the blue light filter (or nightlight) on your computer

After the Meeting

Follow up with your connections

Reflect on your experience with colleagues and with yourself
• Go through your notes and revisit what you’ve learned

Sources
https://bloomerang.co/blog/9-tips-for-getting-the-most-out-of-a-virtual-conference/
https://scicon4.setac.org/
Get Involved With SETAC

SETAC offers many opportunities to enhance student professional development.

Click to Become a Member!

SETAC Student Membership Benefits
- Reduced membership dues
- Reduced fees for SETAC meetings and events
- Student awards and fellowships
- Resume posting
- Mentorship program
- Networking

Connect with SETAC members in your local area
Find your North America Regional Chapter!
Click this link

Get Involved by joining the
North America Student Advisory Committee (NASAC)
- Join a network of student advocates across SETAC NA to coordinate student events at SETAC North America meetings and the Young Environmental Scientist (YES) meeting
- Click here to see current NASAC members
- Contact NASAC President James Feller (feller.30@buckeyemail.osu.edu) to get involved

Connect with Us!
@studentsofSETAC
@studentsofSETAC
Outreach Blog
Good Luck to the Presenters!
See you at SETAC SciCon⁴!